



TCC-EZ[®]

Total Contact Cast System

***It's Time to Heal Your
Diabetic Foot Ulcer!***

Total Contact Casting (TCC)
Patient Guide



What is a Diabetic Foot Ulcer?

A diabetic foot ulcer is an open sore or wound that occurs in approximately 15 percent of people with diabetes and is commonly located on the bottom of the foot. These sores or wounds range in size and depth and can even go all the way to the bone.

How Serious is a Diabetic Foot Ulcer?

Unfortunately, if left untreated, diabetic foot ulcers or wounds can become serious, placing you at risk for amputation and other life-threatening conditions. Fortunately, proper treatment with early aggressive and effective management of the wound is the safest route to preventing complications BEFORE they occur!



TCC-EZ[®] System

Cast liner sock
and felt padding.

Single layer cast sock,
with hardening resin.

Lightweight,
customized boot.



Heal Faster with TCC-EZ[®]

Total Contact Casting (TCC) is a safe and effective way to off-load your diabetic foot ulcer. There are multiple studies that demonstrate the benefit of using Total Contact Casting (TCC), over other off-loading devices, to help heal your diabetic foot ulcer faster.

What is Total Contact Casting and TCC-EZ®?

A Total Contact Cast (TCC) is a cast used to help promote healing by minimizing pressure and shear at your wound site. TCC-EZ® is a revolutionary casting system that makes applying and wearing a TCC easier. The TCC-EZ is a woven, one-piece, roll-on cast that is light weight and has been applied in 10 minutes.¹ TCC-EZ can help to reduce the risk of complications and infection² while its lightweight woven design offers a more comfortable customized fit that allows for air to flow through the cast.

Who is it for?

Total Contact Casts (TCC) are used to treat patients suffering from diabetic foot ulcers, Charcot Neuroarthropathy, or for post operative surgical site protection.

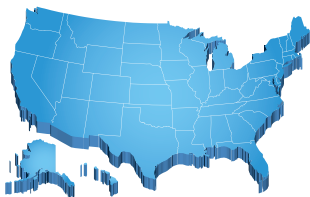
88%

wound closure rates
in 43 days³

Statistics you should know:

9.3%
of USA

(29 million people)
have Diabetes⁴



3.45
Million

people will develop a
diabetic foot ulcer⁵



85%

of lower leg amputations
begin as a foot ulcer in
diabetic patients⁶



CLINIC OR PHYSICIAN INFORMATION:



HealYourUlcer.com is a website dedicated to providing patients with more information on the treatment of diabetic foot ulcers. To find out more on treatment options and the healing process go to:

www.healyourulcer.com

The application and removal of TCC should be supervised by a physician or a licensed health care provider. You should contact your doctor immediately if any of the following occur while wearing a total contact cast:

- The cast is “loose”, “rubbing”, “pistoning” or “sliding”
- The cast is causing pain
- You develop fever, chills, nausea, or vomiting
- The cast gets wet

Warning: Inappropriate use or removal of the total contact cast could result in injury.

References: 1. In house data. 2. C. E. Fife, MD, et al, Diabetic foot ulcer off-loading: The Gap Between Evidence and Practice: Data from the U.S. Wound Registry. *Advances in Skin and Wound Care*, 2014 27(7) p. 310-316. 3. 1. Bloomgarden ZT. American Diabetes Association 60th Scientific Sessions, 2000. *Diabetes Care* 2001; 24(5):946-951. 4. Cavanagh PR, Owens TM. Nonsurgical strategies for healing and preventing recurrence of diabetic foot ulcers. *Foot and Ankle clinics N Am* 11:735-743, 2006. 4. Centers for Disease Control and Prevention. National Diabetes Statistics Report: Estimates of Diabetes and Its Burden in the United States, 2014. Atlanta, GA: U.S. Department of Health and Human Services. 5. <http://www.apma.org/Learn/FootHealth.cfm?ItemNumber=981>. 6. Margolis D, Malay DS, Hoffstad OJ, et al. Incidence of diabetic foot ulcer and lower extremity amputation among Medicare beneficiaries, 2006 to 2008. *Data Points #2* (prepared by the University of Pennsylvania DEClDE Center, under Contract No. HHS A290200500411). Rockville, MD: Agency for Healthcare Research and Quality, January 2011. AHRQ Publication No. 10(11)-EHC009-1-EF.

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